



June 2025 Monthly News

The Irvington Club Open Championships 2025 presented by adidas—6/9-6/15

The Irvington Club Open Championships 2025 presented by adidas is coming up June 9th-15th, 2025. Throughout the tournament, there will be various offerings including food and beverages. We welcome you to come with friends and family to watch some amazing tennis. As the tournament nears, we will be communicating via email on a regular basis with tournament updates and happenings. We hope to see you at the tournament!

Quarter Finals Viewing Party—6/13

During the Irvington Club Open Championships tournament, there will be a Quarter Finals Viewing Party in the upstairs lounge on June 13th from 5:30pm-Close. Join us for some food, drinks, and exciting tennis!

New Cancellation Policy for Tennis Lessons

The cancellation policy for private and small-group tennis lessons cancelled within 24 hours of the lesson start time will increase from \$25 to the full lesson fee. If the person cancelling the lesson finds a substitute to take the lesson in their place, no cancellation fee will be charged.

Keep Your Eye on the Ball

- June 1st, 3pm-6pm, Artist Reception: Maureen Harwood
- June 9th-15th, The Irvington Club Open Championships 2025 presented by adidas
- June 10th, 7pm, Diversity and Equity Initiative Meeting
- June 11th, 9am, Community Involvement Committee Meeting
- June 11th, 4pm, Pool Committee Meeting
- June 13th, 5:30pm-Close, Quarter Finals Viewing Party
- June 18th, 6:15pm, Tennis Committee Meeting
- June 24th, 6pm, Board Meeting
- July 12th, 1:30pm-3:30pm, Black Swim Initiative Fundraiser at the pool

New Members:

Natalie Kowell
Hayden Brush
Lucy Burns

WELCOME!

Outgoing Members:

Gabriella Fiore &
Duy Vuong Family
Roger Veneklas
Jessica Miller
Andrea Snyder
Leslie Ballard

FAREWELL

President's Message

I hear it all the time. It isn't just the tennis that makes the Irvington Club special. It's the community. That's why the Club's mission -- "to share among our members and all communities a love of tennis that is distinguished by friendliness, diversity, equity, inclusiveness, and accessibility" -- is so important. A newish member of the Club recently told me he and his husband decided to move to NE Portland in part because he was drawn to the authenticity of that mission expressed through our DEI initiative and its efforts to develop greater racial diversity at the Club and foster a culture of equity and inclusion— For more information, visit: irvingtonclub.com/diversity-and-equity-initiative-faq.

Consider that for a moment. The community the Club strives to be has the potential to influence not only the character and color of our membership but also the diversity of the neighborhood around us. And when you consider that relative to the history of redlining (portland.gov/bps/planning/adap/history-racist-planning-portland) and restrictive covenants in Portland that were specifically intended to exclude people of color, it provides context to why living the Club's mission is important. It is furthering the inclusion of diverse perspectives that deepens the richness of the character of the Club that had been lacking for so many decades.

Implementing the Club's mission is the ultimate responsibility of the board and one we seek to fulfill at least in part through the DEI initiative and committee. But actualizing a friendly and inclusive environment is also a responsibility that every member of the Club can share. When you see an unfamiliar face, welcome them to the Club. When someone appears at men's or women's open play tennis for the first time, invite them to play. Replace the urge to gossip with a positive comment. Show sportsmanship with our opponents from other clubs with fair line calls and friendly demeanor. In the end, play a part in defining the Club by the terms of its mission.

Chris Kayser

Club President

GM Notes

Jake's Vision for Fitness at The Irvington Club

As some of you know, I have a lengthy background in both fitness and athletic performance. After earning a college degree in Exercise Science that led to training professional athletes, I built a career in the corporate wellness space and managed public gyms and athletic clubs. My passion lies in all things performance, fitness, and health—and I believe we have a tremendous opportunity to elevate the fitness experience here at The Irvington Club.

Our team of fitness professionals brings deep knowledge and passion to their work. However, I believe we can utilize their expertise more effectively and expand our offerings to create a more dynamic and inclusive environment—one that serves a wider range of goals, abilities, and interests.

In addition to upgrading our equipment and making better use of available space, I envision expanding our programming in several key areas:

- **Educational Seminars:** Covering topics like injury prevention, tennis-specific performance, general wellness, youth athletic development, and nutrition strategies.
- **Enhanced Group Exercise Schedule:** Offering diverse classes such as yoga, Zumba, interval training, youth speed/agility/quickness training, and seasonal offerings like summer water aerobics.
- **Fitness Challenges:** Designed to foster community, boost motivation, and create meaningful progress—both tangible and intangible.
- **Expanded Orientations and Assessments:** Including personalized fitness assessments and orientations to help members track progress and improve both on and off the court.

With the support of our new Fitness Committee, we welcome your feedback and ideas—no matter how big or small—to help shape this space into a hub for fitness, performance, and wellness.

I'm excited to lead this initiative and to help every member become a better tennis player, reduce injury and discomfort, and pursue their healthiest, most energized selves.

Jake Zeemin
General Manager

Artist Reception: Maureen Harwood—6/1

Art at Irvington presents an exhibition by artist Maureen Harwood in the upstairs lounge June-August 2025. Join us for an Artist Reception on Sunday, June 1st, 3pm-6pm.

ARTIST STATEMENT—MAUREEN HARWOOD

Maureen Harwood is a South African-born artist living in the USA whose work is deeply rooted in her African heritage and the striking landscapes of her homeland. Her abstract mixed media paintings reflect the textures, colors, and rhythms of nature — from the warmth of the African sun to the patterns found in sand, seas, and stone. Maureen's process combines layering, scraping, and blending techniques to create richly textured surfaces that explore the interplay of light, shadow, and form. Working in warm earth tones, ocean blues, and sun-bleached whites, she evokes a sense of place that is both personal and universal. Each canvas offers a dynamic contrast — rough and smooth, light and dark — echoing the tension and harmony found in nature. Her influences include African modernism, abstract expressionism, landscape painting, and textile art. Natural materials and textures — sand, wood, fabric, stone — also inform her practice, as do the emotional connections we form with the environments we inhabit. Having lived in the USA for over 30 years, Maureen brings a layered perspective to her work, shaped by memory, migration, and cultural duality. Through her paintings, she invites viewers to experience the emotional and sensory depth of the landscapes that continue to inspire her.

Community Involvement Committee (CIC) news

The CIC is inviting members to participate in a variety of events this summer.

June 21st, 9am-12pm: Hosting the Hospitality Table at the Classic Juneteenth Tournament at PTC.

Black Swim Initiative Fundraiser: During the month of June and July members are invited to make donations through an Amazon Wish List @ [amazon.com/registries/guest-view/1NLBM2GKCPED6](https://www.amazon.com/registries/guest-view/1NLBM2GKCPED6) or share gently used swimsuits and goggles, especially in toddler and kids' sizes. Just no scuba style goggles that cover the nose and only US Coast Guard approved life jackets. Monetary donations are also welcome. Donated items can be left in a container in the Lobby. To learn about the BSI visit blackswimpdx.us. On **July 12th from 1:30pm-3:30pm**, CIC will host a fundraising event at the pool. All members are welcome to join in the fun with our BSI guests.

In late summer, the CIC is making plans to sponsor a Fundraiser for **Up/Down Tennis** for the nonprofit, NW Wheelchair Tennis Association. Play consists of doubles' matches pairing a wheelchair player with a non-disabled Irvington Club member. More information to follow.

New volunteer opportunities are available with **Store to Door**, a nonprofit organization that support independent living for Portland area seniors and people with disabilities by providing an affordable, personal, volunteer-based shopping and delivery service. Volunteers take client's order for food, shop and/or deliver food and make a friendly call. To learn more about this organization, check out the website: StoretoDoorofOregon.org or to make a donation, visit: storetodoorforegon.org/donate.

If you are interested in attending a meeting or joining the CIC, the next meeting is Wednesday, June 11th @ 9am in the upstairs lounge.

Pool Reminders

We are looking forward to another fun season at the pool! It's been a wonderful pre-season, and we are excited to open full-time starting **Monday, June 16**.

To help us keep things running smoothly and ensure everyone has the best experience possible, here are a few reminders:

Bring Your Club Fob

Speed up check-in by bringing your Club fob with you. If you don't have a fob yet, you can pick one up at the front desk.

Review the Guest Policy

- Each membership (individual, couple, or family) may bring up to **4 guests per day**.
- Members ages **11 to 17** may bring **1 guest**.

If a supervising adult is present and remains at the pool, up to **4 total guests** may be checked in.

Respect our rules, space, and fellow members

Please check in before taking a seat on deck.

Children under 11 must be accompanied by an adult.

For your safety, no running or diving.

Please clean up your space before leaving so it is ready for the next group.

Respect our pool staff

Our lifeguards are trained and have full authority to enforce all pool rules. Lifeguards reserve the right to ask patrons to leave if rules are repeatedly violated.

Pool Deck Table Reservations—New Policy

For pool deck table reservations this summer, the cost will be \$50 plus the \$7 guest fee per guest with 10 guests allowed. Make your reservations through the front desk or at the pool. Cancellations made within 48 hours of the reservation will be charge a \$25 cancel fee.

The full list of pool rules and schedules can be found on the club website at:

irvingtonclub.com/pool-rules-schedule .

Thank you for helping us make this season safe and fun for everyone!

Walter's Wisdom

DO'S AND DON'TS

Do come to the net and finish the points in doubles
Don't stay back and try to hit winners
Do take the ball out of the air when you can't decide what to do
Don't stand flat footed
Do follow the ball forward and backwards
Don't leave the middle of the court open for your opponents
Do same side close most of the time
Don't over cover your alley
Do move with your partner forward and back and side to side
Don't be too far apart from your partner
Do come together and communicate after every point
Don't get mad or upset when your partner makes mistakes
Do keep your ball in front of your partner at the net so they can finish the point
Don't poach low cross court balls
Do hit the ball in the direction you are moving
Don't stay on the baseline all the time
Do keep the ball cross court middle as much as possible
Don't change direction of the ball unless you are up close to the net and have a high ball
Do change strategy if you are losing
Don't rush points and changeovers when you are losing
Do "I" formation to make it more difficult for the returner
Do have a great time playing tennis!



Mike Tammen, John Popplewell and Roger North Win Again!

At the Pacific Coast Senior Championships held at the Berkeley Tennis Club in Berkeley, California, May 21st-26th, Mike Tammen was the Men's 65 Singles and Doubles Champion. John Popplewell and Roger North were the Men's 80 Doubles Champions.

Congrats Roger, John, and Mike!

Junior Volunteer Opportunities at NEFP Paused for the Summer

We are pausing our monthly Junior Volunteer Opportunities at the Northeast Emergency Food Program for the summer.

We will resume in September.

SPARKLING THROUGH THE YEARS

PORTLAND
OPERA

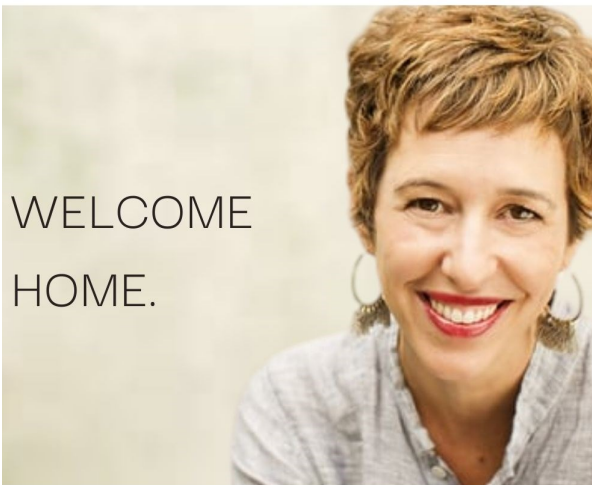
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Susie Hunt Moran

Your Neighborhood Real Estate Expert

I find joy in helping people find their dream homes or successfully sell their properties. I use my network to uncover hidden gems in the market, making the process enjoyable and rewarding for my clients.



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MEGAN BARRETT
REAL ESTATE BROKER



WHO I AM

**Guide,
partner,
champion**

I think big, dive deep, and sweat the small stuff so you don't have to.

Buying or selling a home can be an overwhelming process, and having a trusted guide by your side is essential. I look forward to hearing your stories and being part of your team as we navigate selling, buying, downsizing, or any other life changes.

Megan Barrett

Oregon Licensed Broker at Windermere Realty Trust
with roots in the Irvington community for 26 years
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