



## *June 2024 Monthly News*

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### *The Irvington Club Open Championships presented by adidas*

We are gearing up for our annual Open event of the year: The Irvington Club Open Championships presented by adidas, June 10<sup>th</sup>-16<sup>th</sup>. For details, visit the tournament homepage here: [rb.gy/vf5uje](https://rb.gy/vf5uje). Come out to the Club and watch some amazing tennis!

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### *The Regular Season Pool Schedule begins June 17th*

Starting June 17<sup>th</sup>, The Irvington Club pool will switch from the pre-season schedule to the regular season schedule. You can view this and all summer pool schedules here: [irvingtonclub.com/pool-rules-schedule](https://irvingtonclub.com/pool-rules-schedule). For the regular season schedule, there will be group swim lessons, swim team practices, and open swim everyday 1:30pm-8:30pm.

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### *Masters Swim*

Starting June 17<sup>th</sup>, we will hold Masters Swim coached workouts at the pool every Tuesday and Thursday from 7:30am-8:30am. This program will go through August 8<sup>th</sup>.

Whether you are swimming for personal fitness, competition, or anything in between, our goal is to provide swimmers with a welcoming and supportive environment where everyone can thrive. Come for a challenging workout or just a fun time!

Swimmers 18+ of all backgrounds are welcome. The cost is \$12/workout and this program is for members only. Sign up one week in advance online or through the front desk.

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### *Gym Closed 6/21, 10:30am-3:30pm*

The Irvington Club gym will be closed on June 21<sup>st</sup> from 10:30am-3:30pm for maintenance.

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#### ***Keep Your Eye on the Ball***

- June 8<sup>th</sup>, 9:00am-12:30pm, Junior Volunteer Opportunity at NEFP
- June 10<sup>th</sup>-16<sup>th</sup>, The Irvington Club Open Championships 2024
- June 11<sup>th</sup>, 7:00pm-8:30pm, Diversity and Equity Initiative Meeting
- June 14<sup>th</sup>, 5:30pm-Close, Quarter Finals Viewing Party
- June 19<sup>th</sup>, 6:15pm, Tennis Committee Meeting
- June 21<sup>st</sup>-23<sup>rd</sup>, Juneteenth Tournament @ PTC
- June 25<sup>th</sup>, 6:00pm, Board Meeting

#### **Save the Dates:**

- July 13<sup>th</sup>, 1:30p-3:30pm, Black Swim Initiative (BSI) fundraiser at the Pool
- July 26<sup>th</sup>, 6:15pm-9:30pm, Alzheimer's Fundraiser Tennis Mixer

#### ***New Members:***

Siena Samuelson

**WELCOME!**

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#### ***Outgoing***

#### ***Members:***

Margot Gilley

Diane Nemarnik

**FAREWELL**

## *President's Message*

Dear Irvington Club Members,

As always it is gratifying to see so many people enjoying what our Club has to offer! Our courts have been full with Junior classes, adult lessons and drills, open play, league play, and of course lots of recreational tennis. Our pool opened early and the first weekend showed that decision was a good one based on the large number of members who came out to enjoy a few hot days. Clay court season started for tennis professionals and many members were at the club enjoying watching the tennis channel while relaxing and having a drink with friends, or working up a sweat in the weight room. Social events have been well attended, especially the pickleball mixer that brought out many of our newer members. I enjoyed being called handsome by our Bingo leading drag queen Poison Waters after winning a round.

I want to again thank our employees and committee volunteers who put in all the work behind the scenes to bring all this enjoyment to our members.

In service, Jonathan Steinhoff

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## *GM Notes*

Dear Irvington Club Members,

It's nice to see the sun finally coming out and members using the pool with more regularity. As the Club shifts gears into summer programming, we look forward to seeing all the kids come in for tennis camps and swim activities!

I also want to take a little time to acknowledge The Irvington Club Operations Team and share with the membership the thoughtful work that the team has been doing to advance their professional skills in the interest of bettering the Club. Also, thank you so much to Sarah Thomas, who has been so graciously willing to cover at the Front Desk to make this training possible for the entire group to participate!

Through the course of the Spring, the team has very intentionally made time for team work sessions to plan, work, and train:

- In March, we held a team planning and training retreat, in which we worked on setting goals to align with the Club's strategic plan for the year and reviewed the operational calendar to make sure it was in line with that plan. During that time, the team used the rubric of SMART goals recommended by the Club's Strategic Planning Committee to frame goals associated with their professional development plans for the year. We also took time to discuss relevant and important topics related to equity and racism that impact our work and have historical roots in the Portland community.
- This month, the Team engaged in technical training, recertifying CPR and AED credentials, and took the further step to be First Aid certified. By completing this training together and within one program, the Team is building policy and procedures in safety and emergency response to keep the community safe.
- Monthly meetings keep the Team engaged in project check ins and updates on ongoing work. This promotes better collaboration and problem solving.

Our team is such a thoughtful and engaged group. They have a true love for The Irvington Club and exhibit it every day with their thoughtfulness and their hard work.

Beth

## *Quarter Finals Viewing Party*

Please join the Social Committee for a party celebrating The Irvington Club Open Championships 2023 presented by adidas on June 14th, 2024 in the upstairs lounge from 5:30pm to close. The Irvington Club Open Championships 2024 presented by adidas draws some of the best players in the Northwest and some of our very own Irvington Club members. This is professional level tennis that we get to enjoy for free, in the comfort of our own club, surrounded by our tennis community. Friday night, June 14th, the Social Committee will be hosting a viewing party upstairs to celebrate the game we all love and watch some incredible tennis together. We will provide an assortment of sandwiches, finger foods, and desserts. This is a free event, anyone is welcome, and you don't need to register. We hope to see you there.

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## *The Irvington Club Foundation Board*

Thank you to those who expressed an interest to serve on the board of the Irvington Club Foundation. The members of the Board are the following: Stephen Doubleday, Barb Farmer, Jan Harvey, Fred Kowell, Carolyn Lumber, Roy Pulvers, Mary Stevenson, Stephanie Vickers, and Bob Williams. The Board looks forward to engaging with the IC community to help raise funds to support family and youth projects and organizations. We hope members will see our new ad in the monthly newsletter that was generously created by member Dana Nolan, and consider supporting the ICF with a financial donation. If you have questions about ICF, please email ICF at [irvingtonclubfoundation@irvingtonclub.com](mailto:irvingtonclubfoundation@irvingtonclub.com).

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## *Volunteers Needed for the Juneteenth Hospitality Table*

We are looking for volunteers to help for an hour or two at the Hospitality Table on June 22nd from 8am-noon at the Portland Tennis Center (PTC). If you can volunteer, please email: [stephanievickers@comcast.net](mailto:stephanievickers@comcast.net). The Juneteenth Tournament is an annual fundraiser for the Kids N' Tennis' junior tennis programs, which include a **FREE** summer tennis camp at Irving Park and fall, winter, and spring indoor tennis programs. Hopefully members of the Irvington Club will choose to register [HERE \(rb.gy/xnebs0\)](https://rb.gy/xnebs0) and play in the tournament.

- Location: Portland Tennis Center and Grant Park
- Cost: \$60 for singles and \$30 per person for doubles.
- Date: 6/21 - 6/23

Format: Single elimination, due to the ever-increasing size of the tournament.

If you are not playing in the tournament, please consider making a donation to support Kids N' Tennis (KNT) @ [kids-n-tennis.org/donate](https://kids-n-tennis.org/donate)

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## *Northeast Emergency Food Program (NEFP)*

Member, Jon Makler from the Northeast Emergency Food Pantry (NEFP), attended the Community Involvement Committee last month to invite members to volunteer at the NEFP. Many of the Irvington Club Juniors have been volunteering with NEFP on Saturdays this school year. Volunteer shifts are 3:30pm-7pm on Tuesdays and 9:00am-12:30pm on Thursdays and Saturdays. Volunteers who can speak even basic Spanish, Chinese, Vietnamese, Ukrainian, or Russian would be very useful. To learn more about NEFP, visit their website at: <https://emo-nefp.org>.

# Portland Tennis and Education Donation Drive

As we continue to foster a vibrant and supportive community, we are reaching out to request your assistance in donating supplies to Portland Tennis and Education (PT&E). PT&E is a nonprofit organization offering academic support, tennis and athletic enrichment, life skills and mental health support, and family resources to Kindergarten through 12th grade students enrolled in our after-school and summer programs. Your generous contributions will ensure the organization has access to the best resources for its summer program. Below is a wishlist with items like tennis balls, rackets, and other essential items. Every donation significantly helps. Please drop off your contributions at the Club by June 15th. Thank you for your support and dedication to our community's health and well-being.

## PT&E SUMMER WISHLIST

### Classroom Supplies

Colored construction paper  
Crayons • Markers • Colored pencils  
Stickers  
Pipe cleaners • Fingerpaints  
Big poster board  
Water Ballon filler • Ballons  
Counting blocks  
Band aids  
Playdough

### Athletic Equipment

Dampeners  
Kick ball • Soccer Ball • Basketball  
Hula hoops  
Cans or cases of tennis balls  
Cans or cases of pickleballs  
Ball hoppers  
Junior tennis rackets (23"-25")  
Ball machine • Orange balls  
Resistance bands • Medicine balls

## *The Pacific Coast Senior Championships Results*

The Irvington Club's Mike Tammen, Roger North, and John Popplewell won it all at the recently completed Pacific Coast Senior Championships (Level 2 National Championship). The tournament was held in Berkeley, California at the historic Berkeley Tennis Club on May 22nd-27th, 2024.

Mike Tammen was the Men's 65 Singles  
Champion

Roger North was the 80 Singles  
Champion

John Popplewell and Roger North were  
the Men's 80 Doubles Champions

Congrats Mike, Roger, and John!



MEGAN BARRETT  
REAL ESTATE BROKER



WHO I AM

Guide,  
partner,  
champion

I think big, dive deep, and sweat the small stuff so you don't have to.

Buying or selling a home can be an overwhelming process, and having a trusted guide by your side is essential. I look forward to hearing your stories and being part of your team as we navigate selling, buying, downsizing, or any other life changes.

**Megan Barrett**

Oregon Licensed Broker at Windermere Realty Trust

with roots in the Irvington community for 26 years

503.706.5572 | [meganbarrett@windermere.com](mailto:meganbarrett@windermere.com) | [www.meganbarrett.com](http://www.meganbarrett.com)





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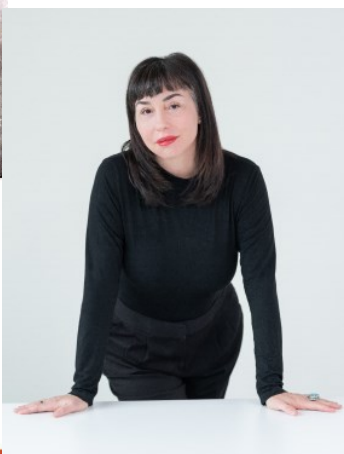
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**LEARN MORE**

irvingtonclub.com/the-irvington-club-foundation-icf




**Fitness Classes at Irvington Club!**

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**Strength Training and Tennis Conditioning for Active Older Adults**

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**Tuesday/Thursday**

**8:15 AM-9:15AM**

**9:30 AM-10:30 AM**

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**Individual/Couples Personal Training Now Offered!**

Becky Chasse, an ACE certified Group Fitness Instructor & Personal Trainer, is offering group fitness classes & personal training sessions at The Irvington Club specifically designed for active older adults. Contact info: [becky@chassepdx.com](mailto:becky@chassepdx.com), (503) 956-5831, or visit [www.VibrantAndFitTraining.com](http://www.VibrantAndFitTraining.com).



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