

August 2022 Monthly News

John Popplewell wins again!

Roger North is a finalist and places 2nd

At the USTA PNW Oregon State Tennis Senior Championships, a category 2 National Championship held at the Tualatin Hills Tennis Center, John Popplewell and Chuck White won the 75 and 80 doubles titles. Congrats John!

At this same event, Roger North was a finalist in the 75 Men's singles and came in 2nd in the 75 Men's doubles. Nice job Roger!

This was a National Championship event. We are so proud that John and Roger had such great results!



PACIFIC NORTHWEST



Keep Your Eye on the Ball

- Month of August, Portland Backpack Project donation drive
- August 8th, Ladies Night at the Pool, starting at 5:30pm
- August 10th, 6:15pm Tennis Committee meeting, members are invited to attend
- August 11th-14th, The Irvington Club Junior Championships 2022
- August 18th, 3:00pm-5:00pm, Pizza-Swim Party for guests from MLK, Jr. Elementary School
- August 24th, 6:00pm-6:15pm, Members invited to attend BOT meeting to share ideas
- August 29th-September 11th, US Open
 Madness bracket competition, more details to come

New Members & Associates

Anthony Pepe & Shelly Brummer Family

Margaret Scharle & Daniel Gehred Family

Ron Albano & Amy Pearson Family

WELCOME!

Outgoing Members

Luke & Marilla Perkins Family

Kim Paulson Family

David Newhall

Frances Cleveland

Joel Ankeny

Oliver Lemkau

Jill & Sean Stone Family

FAREWELL

GM Notes

I was most likely one of those who complained about the rain, and yes, now I am among those of you complaining about the heat. There is hopefully a happy median (late fall in the mid 70's?)

Thanks everyone for coming to our annual BBQ. The food was fabulous, along with music and the ice cream. We had a few snafus, of which we will strive to improve upon next year. The "Open Play" cornhole did end up being a tournament. The winners were Soren Coughlin-Glaser and Brian Schaeperkoetter. Paul's team did a great job setting up and taking down the event, and of course keeping everyone safe at the pool and providing some fun games for the kids. The tennis was high level mixed doubles, with our very own Mike Tammen and his partner Tereza Bekerova, winning a close pro set 8-6. Also, a special shout out to Soren Coughlin-Glaser for taking some great pictures for us of the BBQ.

Take a trip up our stairs to the second floor and you will see a beautiful piece of art. This was done by former member Fuji Shono, who has relocated to her homeland of Japan. Fuji is 2 levels away from being a Master calligrapher. I so appreciate her doing this for us and so proud to have it displayed at our Club.

Due to the extreme heat, we may have to enforce different rules for the pool. Watch your blasts and of course feel free to call the Club if you have any questions.

As Always, I hope to see you at our amazing Club!

Barbara

President's Message

Summer seems to have hit full stride around the neighborhood, and I do hope you are taking advantage of the various activities that the Club offers on the courts, inside and out, time in and around the pool and hopefully enjoyed last month's Annual Barbecue. Please note that there is another fun event this month, Ladies Night at the pool on August 8th. The Social Committee is open to suggestions for future social events. My hope is that each of you have found activities that you enjoy with friends and perhaps also had the opportunity to meet members you might not know.

I would like to encourage members to support the Community Involvement Committee's (CIC) donation drive for the Portland Backpack Project (PBP) https://www.portlandbackpack.com. We have helped provide food for the last few years for children who need it each weekend. Our school partner, Martin Luther King, Jr. Elementary School, is a recipient of PBP along with 11 other Portland Public Schools. Please consider picking up a list of items requested in the club lobby to help us with food donations or leave some cash at the front desk, or if it is easier, go online to make a credit card donation @ https://portlandbackpack.kindful.com. This collection will continue through August, and in September we would like to ask volunteers to help us pack the food bags.

This summer through a USTA grant that the Club was awarded, we have shared funds with three organizations that support kids and tennis. First, we donated funds to Portland Tennis and Education's (PT&E) summer tennis camp lunch program, we provided snacks during the Kids N Tennis' (KNT) Juneteenth Tournament at PTC and funded 15 KNT summer scholarships, and this month we will provide refreshments for a Pizza-Swim Party on Thursday, August 18th from 3:00-5:00PM for the group of students and their families from Martin Luther King, Jr. Elementary School's Sun School tennis classes that were taught by club volunteers (Chris Thomas, Gene Avery, Randy Boose, Colleen Walker, Wendy Weddle, Tod Breslau, and Lisa Lynch). The hope is that others will join us at the pool and welcome the families on the 18th.

Please continue to communicate with me or any of the Board members as our goal is to make the club "the best it can be!"

Stephanie Vickers, boardpresident@irvingtonclub.com







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al trainer, club member, and lifetime tennis player, is teaching group fitness classes at Irvington Club. Classes are geared toward people middle age and beyond and the first class is free. For more details, go to www.vibrantAndFitTraining.com or call/text Becky at

Becky Chasse, a certified person-

(503) 956 5831.

New Group
Fitness Classes
at Irvington Club!

Strength
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Adults

Tuesday/Thursday
9:30 AM-10:30 AM
First Class Free

Social Justice Committee

The Social Justice Committee would like you to join us in welcoming the new members of the Social Justice Initiative: May Albano, Adam Gamboa, Andrea Sommer, Breon Gardner, Randolph Carter, Cindy Fontenot, Corinne Celko, DJ Yemane-Berhan, Mara Stine, Thea Von Geldern, and Timora Konigwilcox. We look forward to working together to create greater diversity, equality, and inclusion in the club, the neighborhood, and in Portland, joining together with partners new and old. Welcome!

Walter's Wisdom

The Serve

The serve is by far the most complicated shot to hit and teach, because it has so many moving parts. It's the motion we should be spending the most time on practicing, but yet we don't make the time for it. Why? Well, it's not the most exciting shot to practice. There is a lot of tennis literature out there about serving technique, but to keep things simple and easy to understand try focusing on the three swing paths when serving. This applies only when using the continental grip, which all of you should be using anyway.

- 1. Upward swing from behind your back to ball contact.
- 2) Rotate your hitting forearm from left to right to get your strings to face the diagonal service box.
- 3) And then swing your arm back right to left across your body.

If this is confusing let me know and I will be happy to explain it further. Now go practice that serve!

Walter Seidel, Tennis Director

2022 Annual BBQ!



To view all the pictures, go to the following link: https://photos.app.goo.gl/HYSKvJCc1Z1t1Z2V7

Thanks to Soren Coughlin-Glaser for the great pics! And a shout out to Soren and Brian Schaeperkoetter for organizing and winning the cornhole tournament as a team.

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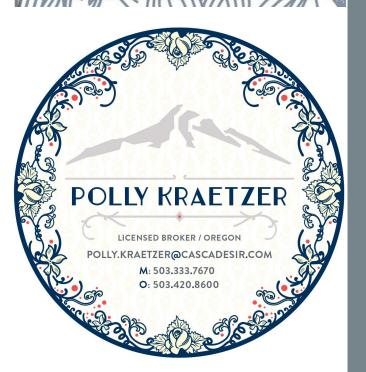
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