



May 2022 Monthly News

John Popplewell Victorious!

John Popplewell wins his event at the Wilson World Tennis Classic.

At the Wilson National Hard Court Championships, held at Shadow Mountain Tennis Club in Palm Desert, CA, John Popplewell and Chuck White were champions of the 80 men's division. In addition, John and Claudia Giacomini placed 3rd in the 80 mixed doubles division. Congrats John!



Mike Tammen Triumphs!

Mike Tammen does it again and wins both the singles and doubles draw at the Men's 60's USTA National Indoor Championships held at the Boise Racquet & Swim Club in Boise, Idaho. Congrats Mike!



Keep Your Eye on the Ball

- May 25th, 6:00pm-6:15pm, Members invited to attend BOT meeting to share ideas
- The pool opens May 28th!
- Juneteenth Matches and Social events are June 17th—19th
- Swim Team will start June 20th
- The Irvington Club Open Championships is June 21st—26th

New Members & Associates

Asher Bernhardt (Junior)	Daphne Johnson
Brian & Kristen DuVal	Annabel Solomon (Junior)
Noah & Loanda Lichtwardt family	Troy Ballew & Mara Stine
Nick Kampars & Taren Taylor	John & Emily Rake family

WELCOME!

Local's Only

Check out the Hollywood Farmers Market, every Saturday from 8am-1pm @ NE Hancock between 44th & 45th Aves.



503-709-7403

Day in Court

When your ball rolls onto another court, wait until that play has stopped before asking for or retrieving the ball.



GM Notes

Our summer programs registrations are in full swing. Things are really filling up, so hopefully you have your children registered.

All of the efforts of your Social Justice Committee are finally coming to fruition. We are in the process of formalizing the Wait List (combining the existing with the Temporary Pause). I am very excited to be a part of this initiative for our Club to become more diverse. You will be hearing more details from our SJC in the near future.

Our Social Committee is planning an "Events" calendar with some really fun things planned for you and your family. We have some catching up to do, so look for signage in the Club and your email blasts. We will also post on the Club webpage.

Brian is preparing the pool for opening. He has taken off the cover and washing all of the furniture. The pool deck and the outdoor courts have been professionally power washed, so they will be nice and clean for your outdoor play. He will also be setting up the furniture. All of the repairs have been completed in the pool basement. In the next two weeks, we will be digging out a section of the planting strip between the pool and the tennis court to put in pavers. This is where we will keep the new pool cover and reel which will be put on each night. We are getting a nice rebate from the Energy Trust and this will also help with our power bills and keep debris out at night.

The sweatshirts and t-shirts are in the main lobby. We will be taking orders the rest of this week and submit them Monday, May 9th.

I feel like we can always improve and my Team and I are working on some exciting changes. Change can be a challenge but I look at it as an opportunity. We can always learn and yes, we may stumble a bit, but as Nelson Mandela said, "Do not judge me by my successes, judge me by how many times I fell down and got back up again." We can learn a lot from this wonderful man.

I will close with the old saying, "When one door closes another door opens; but we often look so long and so regretfully upon the closed door that we do not see the one which has opened for us." Let's watch for that open door and accept change, as there very well could be something even better on the other side of it.

As always, I hope to see you here at our amazing Club!

Barbara

President's Message

Thank you very much to those who joined us on Friday April 22 for our Welcome Back Party. It was so great to feel the energy while we enjoyed socializing, playing some tennis and watching a great Pro Set between Cris and Eve Laurent and Walter and Marina Seidl. Thanks to the many volunteers who helped with the set up for the party: Chris Haug-Chin, Carol Davidson, Tanya Doubleday, Shelley Stoffer, Traci Laurent, Rick and Amy Slavin, and Omar Martinez Barrera. Look for more activities for all members of the club (adults and kids) this coming summer.

The Board of Trustees (BOT) and Management want to facilitate the most effective ways to communicate with members, be able to let you know what is going on, engage members in committees, and share ideas and make suggestions. Please let me know the best ways to keep you informed. We invite any member who wishes to come to the first 15 minutes of a Board meeting (4th Wednesday of each month) at 6:00pm. Just email me @ boardpresident@irvingtonclub.com to let me know you want to come and share ideas and/or suggestions. Upcoming board meetings through the summer will be May 25, June 22, July 27, August 24, and September 28.

The BOT is working to update the Club's strategic plan that includes looking at court utilization, membership, dues and fees, policies and procedures, programs, and greening of the club. Your input is welcome with this work too.

See you on the courts,

Stephanie

boardpresident@irvingtonclub.com



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Use promo code EARLYBIRD at checkout to receive our "Early Bird" pricing from April 1st - May 1st

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Becky Chasse, a certified personal trainer, club member, and lifetime tennis player, is teaching group fitness classes at Irvington Club starting this May. She has custom workouts to help active older adults improve athletic performance, on and off the court. For more details, go to www.VibrantAndFitTraining.com or call/text Becky at (503) 956 5831.

New Group Fitness Classes at Irvington Club!

Strength Training and Tennis Conditioning for Active Older Adults

Tuesday/Thursday 9:30 AM-10:30 AM First Class Free

Committee Notes

Community Involvement Committee (CIC)

The CIC was busy in April cleaning up and planting in the two roundabouts on NE 21st. Thanks to Kerry Gonzales, Carol Davidson, Jeny MacNichol, Leslie Sampson, Mary Stevenson, Chris Haug-Chin who joined me to weed and plant some spring flowers. (See photo)



Please think about signing up to play in the Juneteenth Tournament that supports the Kids N Tennis program at PTC. It is the weekend of June 17-19th with matches at Grant Park and PTC. This is a USTA unsanctioned match so be sure your membership is up to date. If you want to register to play, here is the Juneteenth Tournament website: <https://playtennis.usta.com/Competitions/kidsntennisinc/Tournaments/Overview/d123c5b5-7515-43bf-a742-40daf1c28611>

Calling all Juniors: If you are interested in helping and volunteering around the club or with kids learning to play tennis this summer at St John's Portland Tennis and Education summer camp, please email me at boardpresident@irvingtonclub.com and let me know what you might want to do.

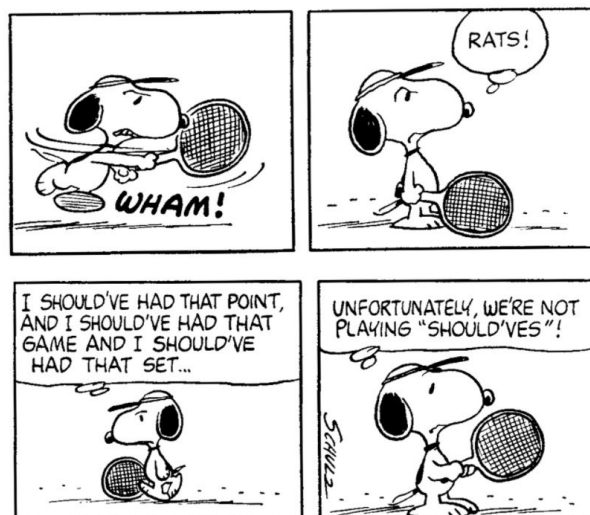
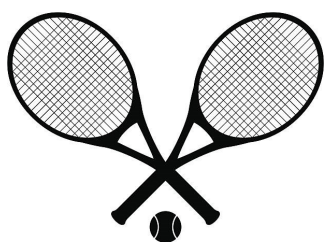
Walter's Wisdom

Different times in the match we come across crucial moments where lots of pressure is put onto specific points. Tennis matches can be won by very close margins and a lot of the time it's just a couple of big points at very important moments in the match that determine who wins and who loses. *In tennis what matters most is which points are won and at what stage during the match.* Tennis is one of those rare sports where you can actually win less points than your opponent and still win the match. It happens all the time and the main reason for this is because of the scoring system for games and sets. For example, you can win a game by either winning four points in a row or by just winning two more points than your opponent. Let's say you win the first set 7-6 (10-8). It was super close, but when you were serving it was a battle for every game with lots of deuces and advantages, but even though it was close you managed to hold serve and win your service games. Your opponent, however, has a much more powerful serve than yours and wins every of their service games in four straight points or losing just one or maybe two points in every game. As you can see, when you are serving your points and your opponent's points won are very similar, but when your opponent is serving they get all the points or almost all of them. Then in the tiebreaker you win 10-8, winning by yet again just two points. In all your service games played you got two extra points by winning every close game.

Hypothetically let's say you won a total of 30 points and your opponent won 18 points when you were serving. When your opponent serves they win every game and it's not close, earning them 24 points and leaving you with just 9 points. You now have 39 points and your opponent has 42 points. You then won the tiebreaker 10-8 so even when you add the ten to your score giving you 49 points, your opponent will now have 50 points. *Your opponent won one more point than you even though you won the set.* I think of these types of matches as *lottery matches*, because you are feeling like you should win. You are winning more points but still find yourself in a pickle losing the match. Especially during Wimbledon where grass is more of a lottery because the ball's low, skidding bounces reward big servers.

Matches can be determined by just a few points and you might even win less points than your opponent and still squeak out a win. Because of this we have to play smarter at different times during the match. Every point is not created equal like the old saying goes. Whenever I hear someone say every point matters, I cringe and rephrase it by saying not every point matters, but rather the big points matter. It's absolutely necessary to take risks and be ok with losing points when you have to go for more and try to force your opponent to make an error. If you believe every point matters you will play things too safe and not take chances when you need to.

Walter Seidel, Tennis Director



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Hello friends, family, and community!

I have made a big change!



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