



# Irvington Club News



March 2022



## Notes From the General Manager

Dear Irvington Club Members,

Thank you for attending our 2022 Annual Meeting via zoom. If you were unable to attend, you can access the recording at:

[https://us02web.zoom.us/rec/share/shbWx24j2mfBq6P3LcUePIWaLGxiD5Wi4W-GAm\\_KorGkK2Chn9eEYP1OY8QBVZDkv.evZW37DpWrOE-ZRb?startTime=1645923569000](https://us02web.zoom.us/rec/share/shbWx24j2mfBq6P3LcUePIWaLGxiD5Wi4W-GAm_KorGkK2Chn9eEYP1OY8QBVZDkv.evZW37DpWrOE-ZRb?startTime=1645923569000)

Passcode: \*QJXc+R7

The latest announcement is that March 12<sup>th</sup> will be the first day of not having to wear a mask. There will still be some rules for hospitals and care facilities, but we do not fall into those categories. Our plan is to follow the State and County guidelines, which we have done throughout this pandemic. I fought very hard against some of the restrictions when we were only allowed to have 6 people on 30,000 sq. ft. of tennis courts), but that is all behind us.

We are starting to prepare to move the gym equipment back into the gym and get our ballroom back for events and also a workout area.

We will be doing some touch-up painting and wall repairs, cleaning the carpets, do a deep cleaning in all of the locker rooms, and a few other maintenance items.

I welcome our new Board Members: Leslie Sampson, Jonathan Steinhoff, and Omar Martinez Barrera.

I look forward to working with them and the entire Board of Trustees to ensure our Club is the best it can be. I think we are all suffering from COVID Fatigue and are ready to get back to our normal activities and fun events at the club. What I have learned is that I have no control on covid, testing for covid, the results, the weather, or plane schedules. For these reasons, I have not travelled in the past two years. What I do know is that I do have control over my breathing, activity, eating healthy, and thinking positive thoughts. A friend of mine once told me your mind is like a television. If you don't like what you are hearing and seeing, change the channel. That is exactly what I am doing, by changing the negative mind chatter and finding a much better show.

We will start working on our summer programs in March, both swim and tennis. Watch your email blasts, and we will also post on the website and on the Club bulletin Board.

Looking forward to spring and seeing all of your smiling faces!!!!!!!!!!!!

Barbara

## Calendar of Events

### March

3rd-6th ~ The Oregon State Senior Men's Tennis Championships

17th ~ St. Patrick's day

20th ~ Spring begins

### April

15th ~ Passover

15th ~ Good Friday

17th ~ Easter

## Book Discussion

### Book Discussion

March 17<sup>th</sup> @ 7:00PM

We invite those who are interested to join us upstairs in the lounge to discuss **The Sum of Us** *What Racism Costs Everyone and How We Can Prosper Together* by Heather McGhee.

The book is an analysis of how we are divided and self-destructing, materially rich but spiritually starved and vastly unequal. McGhee, a descendant of enslaved people, is very much concerned with the situation of Black Americans, making clear that the primary victims of racism are the people of color who are subjected to it. The Sum of Us is predicated on the idea that little will change until white people realize what racism has cost them too.

## Tennis Committee 2022

Last month the Board of Trustees appointed these four new members to the Tennis Committee: Mary Knocke, Dave Sacks, William Seidl, and Colleen Walker. The first meeting of the committee is Wednesday, March 9<sup>th</sup> at 6:30PM in the upstairs lounge.

Thank you again to Sarie Crothers, Willis Boyer, Denise Townsend, and Marc Gonzales for their time and contributions to the committee this last year.

Tennis Committee meetings are open to all members who wish to attend. If you have concerns but are unable to attend the monthly meetings, please reach out to the Pros or any of the members listed above.



# 2022 IC Mixed Doubles Tennis Championships





## Walter's Wisdom

If you're not 100% sure it's out then it's in!

We teach both adults and juniors this simple, but powerful rule when competing. Tennis is a unique sport, because we don't have an umpire or official on the court during our matches. Unless of course you are playing in a Sectional, National or Professional tournament. We have to make our own calls. This works well when both opponents give each other the benefit of the doubt and only call balls out when they are 100% sure, and it quickly becomes contentious when one player doesn't follow this rule. It takes practice to be selfless. Next time you play a match, concentrate on being a good line caller and more often than not you will have more positive match experiences.

## Community Involvement News

The CIC continues to encourage members to help with the shortage of blood supplies to **donate blood** through the Red Cross. To find out how to donate go to <https://www.redcrossblood.org>. Our local blood bank can be found at 3131 N. Vancouver Avenue, 97227. Go to the website or call [503-284-1234](tel:503-284-1234)

There is a plan once the Bloodmobile is available again to travel to ask the Red Cross to schedule a couple visits to make it accessible for Irvington Club members to donate blood when they are at the club. More information on this to come. Thanks in advance for your participation.

Thank you to those who have volunteered with our partner school, Martin Luther King, Jr. Elementary. Club volunteers are helping every Friday afternoon distributing Portland Backpack bags of food into students' backpacks in their classrooms.

Thank you to those who have stepped up to volunteer for King's Sun School's spring afterschool program. These volunteers will teach two different tennis camps for students in grades 2,3,4 and 5th grades. The Club is also supporting the camps with some equipment. We will ask these volunteer coaches to take some photos to share on our bulletin boards.

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As an Irvington native and lifelong club member, I know NE Portland. If you're thinking of selling or are ready to buy, I'd love to talk to you.

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**Hello friends, family, and community!**

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