

# Irvington Club News



November 2021



# Notes From the General Manager

Dear Irvington Club Members,

It is hard to believe fall is here and winter fast approaching. Please make sure you read my email about the Mask Rules and if you have any questions, do not hesitate to contact us.

The sauna is up and running and if you have not seen the improvements, I encourage you to check it out. You MUST wear trunks or a bathing suit and you MUST sit on a towel. We will limit one person at a time, two if it is a family member.

Our repairs have been slightly delayed, so exterior painting most likely will not happen until spring.

We found more dry rot than anticipated and had to replace all of the facia boards around the perimeter of the older building. That delayed installing the gutters, so we will now wait for the gutter company to come back and finish their work.

Joey's class is resuming in one half of the ballroom, so if you are interested in a conditioning class contact him directly: <a href="mailto:fitness1st@gmail.com">fitness1st@gmail.com</a>

We will be sending out the rule change details in the next few weeks. We do plan on printing a Directory for 2022, which will also state the changes. The changes will be posted on the bulletin board, sent in an email blast, and printed in next month's newsletter.

Thank you to all the people who support and adhere to the rules during this pandemic. We want, as much as you, to be done with this, but that will only happen if we all comply.

Stay Safe and as always, hope to see you here at the Club!

Barbara

# Congrats to Barbara on 20 years as our Club Manager!

# President's Message

Wow, that was quite a storm that passed through over the weekend. Barbeque covers and leaves were flying around in my neighborhood! Thanksgiving is this month so I wanted to give thanks to the Board and staff for all of the projects currently underway. Here is a sampling: noise abatement possibilities for the pickleball courts, testing of an app that will allow reservations to be made from your phone, revisions of the Code of Conduct, Bylaws, Mission and Board Core Values, diversity plans, partnerships for kids at the club to interact with kids from other parts of the city, food and clothing collections, federal grants, the budget, lessons and tournaments, spa remodel, building repair and painting. Barb is involved in all of these projects and her staff has been diligent in keeping us all safe. I also want to congratulate Barb on her 20th anniversary as General Manager of the Club!

Cathy Zarosinski

# Calendar of Events

# <u>November</u> <u>December</u>

11th ~ Veterans Day 25th ~ Christmas

25th ~ Thanksgiving 31st ~ New Year's Eve

# New IC Members and Associates

John & Dana Nolan family • Mark & Ashley Bevan family • Eric Rickson • Isabella Burn – Junior Member Frances Cleveland & Chris Igleheart • Michael & Cori Meditz

# **WELCOME!**

# Walter's Wisdom

# Play Smarter Doubles

Often when watching doubles matches, I notice players changing the direction of the ball way too often. Changing the direction of the ball is a very good idea when you are close to the net and the ball is high above the net. Then attack and hit the ball straight in front of you. This will rush your opponent and hopefully force an error. The other time to change the direction of the ball is when you are returning serve and the server's partner is cheating over and poaching a lot of your returns. Then when you can afford to lose a point go up the singles line. The third reason changing the direction of the ball in doubles is a good decision is when the net player has weak volleys. Stick to those three opportunities to change the direction of the ball and you will be a much more consistent doubles player.

Changing the direction of the ball is risky, because when you change the path of the ball you can more easily miss; and you can displace your partner's court position. Don't change direction on low volleys. Keep playing matches and try to implement this into your doubles practice.

Walter Seidel, Tennis Director

# 2021 Carolyn Lumber Tournament Champions—Congrats!

MEN'S SINGLES	WOMEN'S SINGLES
3.5 Brent Grubb	2.5 Emily Harrington
4.0 Tim Campbell	3.0 Colleen Walker
4.5 Jeff Harvey	4.5 Libby North
MEN'S DOUBLES	WOMEN'S DOUBLES
6.0 John LaBarca & Josh Smith	5.0 Kelly Malama & Tracy Laidley
7.0 Michael Adler & Andy Murray	6.0 Michelle Pan Zawadzki & Laurel Hallock Koppelman
8.0 Bill Malloch & Scott Eads	7.0 Rebecca Martinez Griffin & May Albano
9.0 Mark Radford & Jeff Harvey	8.0 Blythe Knott & Trish Vawter
Open Gus Krauel & Parker Reno-Zinn	9.0 Leslie Ballard & Marina Seidl

7.0 60+ MEN'S DOUBLES Michael Butler & Gary Chin 8.0 60+ MEN'S DOUBLES Roger North & Randy Boose

# Committee News

News from the Community Involvement Committee (CIC) and the Social Justice Committee (SJC)

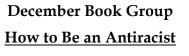
Portland Backpack Project still accepting donations.

Thank you to those who have donated food and/or money at the club or online to support the Portland Backpack Project that sends home food on a weekly basis to many school-aged children in NE Portland.

Donate food and cash through October 31st and then help pack bags in the Ballroom on Wednesday, 11/10 at 10:00AM.

# Roundabout

Thanks to the crew who came out to weed and plant bulbs in the 21<sup>st</sup> & Thompson roundabout. Look for those daffodils popping up in the early spring. We are still hoping the city will turn on the water at the roundabout.



December 2<sup>nd</sup> at 7:00PM Upstairs Lounge



Read along with us <u>How to Be an Antiracist</u>, a 2019 nonfiction book by American author and historian Ibram X. Kendi. The book discusses concepts of racism and Kendi's proposals for anti-racist individual actions and systemic changes.

# Community Partnership with Martin Luther King Elementary School 4906 NE 6th Ave.

The CIC, SJC and Board have voted for the Irvington Club to partner with Martin Luther King Elementary School. The needs of the school are great, and the Club can make a tangible difference in a historically Black neighborhood very close to the club, yet so heavily impacted.

Members can participate in a variety of ways to make a difference. Let's bridge the gap between your strengths and skills and the many requests from the school, such as:

Volunteer to work once a week with the afterschool Sun Program. For example, tutor students, tutor in Mandarin, teach tennis, and/or run a club (Legos, cooking, reading, etc.)

Volunteer once or twice a week to help with the Safety Patrol M-F at either 8:20 AM or 3:00 PM for 15 minutes.

During the winter holidays support families' Wish Lists.

The CIC and SJC's Cultural Committee will coordinate with the school and send out a list for members to sign up. If you are interested now, please contact Stephanie Vickers at <a href="stephanievick-ers@me.com">stephanievick-ers@me.com</a>.

To be a PPS Volunteer, you only need to pass a background check and be vaccinated.

# The 38th Annual Carolyn Lumber Tennis Championships

# ERIN ROTHROCK

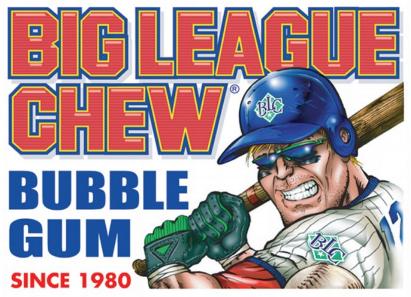
HASSON COMPANY REALTORS

WELCOME HOME.

As an Irvington native and lifelong club member, I know NE Portland. If you're thinking of selling or are ready to buy, I'd love to talk to you.

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