



# Irvington Club News



December 2019



## Notes From the General Manager

Dear Irvington Club Members,

Blink, it's Thanksgiving, blink again, it's Christmas, one last time and we are into a new year. Time seems to pass so quickly, as does life, so grab onto each and every day and make the most of it.

Coming up is our annual White Elephant Gift Exchange/Potluck on Thursday, December 12<sup>th</sup>. The pros will host a free drill from 10:30-11:30, then everyone will bring a dish to share and gather in the ballroom for a fun afternoon. The sign up for the potluck is at the front desk.

We will be decorating the Club the week of December 9<sup>th</sup> for the holidays.

Reminder: Our Junior Club Tournament is January 9-12. Sign-ups are available at the front desk.

Mixed Doubles Tournament is January 31-February 8<sup>th</sup>. I already hear of people in the hunt for a partner so it's not too early to find that Ace Player! If you can't find a partner, the pros are "pros" at that.

Reminder: The Club closes at 1:30 on Christmas Eve and is closed all day Christmas Day (the only day in an entire year that we are closed).

Think of me on December 13<sup>th</sup>, as I will be walking my daughter, Danielle, down the aisle on her wedding day. I am so excited and so blessed to be able to see my baby girl get married and welcome her fiancée' Erik into our family.

Wishing you and your family time together during the holidays.

Barbara

## Calendar of Events

### December

16th ~ Member sign-up for January Junior Lessons  
23rd ~ Non-member sign-up for January Junior Lessons  
22nd ~ Hanukkah begins  
25th ~ Christmas day  
31st ~ New Years Eve

### January

1st ~ New Years Day  
20th ~ Member sign-up for February Junior Lessons  
27th ~ Non-member sign-up for February Junior Lessons  
27th ~ Ladies Last Monday, 3.0-3.5

## President's Message

It is that time of year when we take time to reflect and give thanks for what we are grateful. In my almost 3 years on the board, time and time again I've been amazed at how well our staff keep the club running, and how welcoming of a community we all create. And for that, I am grateful and want to give thanks. The staff and Barb in particular, make it really easy to serve on the Board of Directors. The club runs smoothly and members are happy, so we get to focus our time on the fun stuff: incremental improvements, providing guardrails and guidelines for the staff, and setting the club up for a stable future. But it all starts with hard work from the staff, and dedication to creating a great club with community. Next time you are in, please be sure to thank one of our awesome employees for the great work they are doing.

It is also the time of year that we begin the work to select our next board. Elections will be coming up early next year, which means we need nominees. Because we have such great staff running the club, when you join the Board of Directors, you get to focus your time on that which excites you and making this club even better. And if you're uncertain, then joining one of our committees is a great place to get started. If you are interested in joining the Board of Directors or one of our Committees, we would like to hear from you.

Jeff Harvey

## 2020 Tournaments

Mark your calendars! Here is the schedule for the tournaments held at The Irvington Club in 2020:

- January 9th-12th, The Irvington Club Junior Tennis Championships presented by Big League Chew Bubblegum
- January 31st-February 8th, The Irvington Club Mixed Doubles Tennis Championships
- March 12th-15th, The Oregon State Senior Men's Indoor Tennis Championships
- June 16th-21st, The Irvington Club Open Championships presented by adidas
- August 13th-16th, The Irvington Club Junior Intermediate Tennis Championships presented by adidas
- October 4th-17th, The Carolyn Lumber Tennis Championships

## Joey Smith—Fitness & Body Sculpting Classes

### Strength, Agility & Core Conditioning Class

Mon & Wed: 8:30-9:30 am & 9:30-10:30 am / Tues & Thurs: 5:30-6:30 pm / Fri & Sat: 8:30-9:30 am

This program is specifically geared for those looking to improve their overall cardiovascular fitness, muscle toning, and weight loss.

### Teen Conditioning

Monday thru Thursday: 4:00 - 5:00 pm

Tailored specifically for teens that are looking to improve their overall fitness. It emphasizes strength, conditioning, core training, agility, and quickness. Improve your sport performance.

Weight room orientations and individual personal training may be arranged by contacting Joey at: [fitness1st@gmail.com](mailto:fitness1st@gmail.com)

# The Irvington Club Junior Championship 2020

The Irvington Club Junior Championship 2020 presented by Big League Chew Bubble Gum is coming up January 9<sup>th</sup>-12<sup>th</sup>, 2020.

To register for the tournament, stop by the front desk to fill out an entry form. The entry deadline is Friday, December 20<sup>th</sup> at 10:00pm. Draws and times will be posted online and at the Club on Tuesday, January 7<sup>th</sup>.

As part of the tournament, there will be a Pizza Party starting at 5pm on Friday, January 10<sup>th</sup>.

Rob Nelson and Big League Chew Bubble Gum is our presenting sponsor again this year and all participants will get shirts and his famous gum, with great trophies for all the champions.

Here is a link to the tournament homepage:

<https://tennislink.usta.com/tournaments/TournamentHome/Tournament.aspx?T=247868>

Tournament ID# 600009920



## The 2019 Carolyn Lumber Tennis Championships—more pics

We have a couple more pictures from the 2019 Carolyn Lumber Tennis Championships that we want to share.

On the left are the winners of the “Dress as your favorite tennis star” contest: Ron Selis, Heather Selis, and Soren Coughlin-Glaser.



On right are mother and daughter teams: Katy Krauel and Kelly Fox, Sarah Thomas and Wendy Buchanan, Traci and Eve Laurent.



## Community Corner—Decoding Dyslexia



On December 20<sup>th</sup> from 7pm-9pm at the Moda Center, Irvington Club volunteers will be working during the Blazers game to sell raffle tickets to help benefit **Decoding Dyslexia Oregon**: a grassroots, non-profit organization driven by Oregon families and educators who recognized the need for conversations with our school districts and policy makers regarding dyslexia.

If you would like to participate, you can sign up to volunteer at the front desk. You can learn more about Decoding Dyslexia Oregon by visiting their website at: [decodingdyslexiaor.org](http://decodingdyslexiaor.org)

## Junior Tennis Lessons

Session runs December 2nd – January 3rd

**PLEASE NOTE: There will be no class during the week of Christmas or New Year's Day. Classes will be held 12/30, 12/31, and 1/2**

### Futures & Power

Monday & Wednesday ~ 3:45 - 5:00pm

### Pee Wee - Level 1

Tuesday & Thursday ~ 3:15 - 4:00pm

### Futures - Level 2

Tuesday & Thursday ~ 4:00 - 5:00pm

### Power & High School

Tuesday & Thursday ~ 5:00 - 6:15 pm

### **January 2019 sign-up**

Session runs January 6th – January 31st (4 weeks)

**Member sign-up:** Monday, December 16th @ 8:30am

**Non-Member sign-up:** Monday, December 23rd @ 8:30am

## City League Matches

**All matches 12:00 - 2:30 pm**

### Tuesday, December 3rd

Team I (Michelle Zawadzki & Susan Crabtree)

vs. Cascade Athletic Club

### Wednesday, December 4th

Team C (Sherry Rogers & Kathleen Windish)

vs. West Hills Racquet Club

Team I (Michelle Zawadzki & Susan Crabtree)

vs. West Hills Racquet Club

### Thursday, December 5th

Team C (Sherry Rogers & Kathleen Windish)

vs. West Hills Racquet Club

### Wednesday, December 11th

Team F (Lori Vranizan & Traci Laurent)

vs. Stafford Hills Club

### Wednesday, December 18th

Team C (Sherry Rogers & Kathleen Windish)

vs. Lake Oswego Tennis Center

## Rose Haven Donation Drive

Help us make a Teen's Holiday a happy one!

Join us at The Irvington Club in a Holiday Donation Drive to support the teens who benefit from The Rose Haven Shelter for Women and Children. Rose Haven is a safe place for women, children, and gender diverse clients experiencing trauma of abuse, loss of home, or other disruptive challenges located in NW Portland.

We've been offered the chance to participate in the Teen's Holiday Party which has grown so big that they now hold it in a downtown hotel. Please take the opportunity to give to a community that is on the edge.

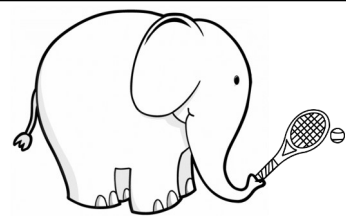
Ending December 15<sup>th</sup>, please stop by the lobby to pick up a tag listing items that are most needed. We will deliver the donations on Monday, December 16<sup>th</sup>.

Please help us add to the spirit of the holiday season and make a donation to one of Rose Haven's teens.

Thank you!

## White Elephant Potluck and Gift Exchange

**White Elephant  
Christmas Drill,  
Gift Exchange &  
Potluck**



**Thursday, December 12th**

10:30 - 11:30am ~ Drill

12:00pm ~ Potluck Lunch &  
Gift Exchange

Please sign up at the Front Desk or email [khanzlik@gmail.com](mailto:khanzlik@gmail.com) and let us know what you'll be bringing for the potluck lunch!





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## GreenField Health

GreenField Health offers an unparalleled primary care experience designed to give you more time on the tennis court.

As a member of the **GreenField Health Community**, you'll have a team managing your healthcare, looking out for you every step of the way. Our proactive and compassionate care model offers personal primary care **24 hours a day 7 days a week** to keep the balance you need for the full life you live.



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