

FROM THE PRESIDENT

Dear Members,

When you stop and think about it, tennis is a unique sport. It encourages us to bring our best selves to the game. What do we do when we hit a shot that snaps the net and dribbles onto our opponent's side? We raise our hand as if to say "I'm so sorry about that."

Now think about a deflected pass in football that happens to land in the offensive lineman's hands. He runs into the end zone. Apology or dance? Dance of course. And what happens when we hit the tennis ball on the second bounce. Even if our opponent does not see it, we give the point to our opponent. Now imagine recreational basketball. You double dribble but nobody sees it. Do you self call?

In doubles, you see the ball out but your partner sees it good. Point goes to your opponent. In pick-up soccer you think you are on side but your teammate thinks you were off. Do you let your opponent know they get a free kick? I've never seen that happen.

What makes tennis unique, and the reason I love the game, is because it feels good to play with integrity. But playing this way is not automatic. It is not a given. When we play we make a choice about who we want to be when we step onto the court.

This year, I will throw out two challenges to everyone who plays in the Carolyn Lumber Tournament. Choose to play with integrity. Most of us do but maybe not all the time. Second, figure out your worst habit in tennis. Are you a foot faulter? A racquet thrower? Do you forget to call the score?

So have a great tournament. Bring your best self to the game, and whatever it is that you wish you wouldn't do, challenge yourself to stop.

Amy

FROM THE GENERAL MANAGER

Dear Members,

Fall is upon us and we are ramping up for the Carolyn Lumber Tournament. As always, plan on:

- Not cooking dinner for two weeks
- Watching lots of great tennis
- Some late night raffles
- Perhaps a "theme" night here and there
- Eating some delicious meals
- Having fun!!!!

If you can't play in the tournament due to time restrictions, make sure you sign up to be a sub.

Things happening around the club:

- We will be installing three ceiling fans in the weight room on October 3rd & 4th. The weight room will be closed both days between 7 am - 3 pm
- We will be doing some re-grouting in the men's downstairs shower.
- We now have a "regular" toaster in the kitchen that can handle bagels.

You are my eyes and ears around the Club, so if you see something that needs tending to, please let me know. My team and I want your experience here at the Club to be a good one!

Dates to Note:

Oct. 7th - 20th ~ Carolyn Lumber Tournament
Nov. 15th ~ Annual Wine Tasting
Dec. 13th ~ Ladies White Elephant Gift Exchange,
Drill & Potluck

Happy Fall and hope to see you at the Club!

Barbara



WINE TASTING

Thursday, November 15th
6:00 - 9:00 pm

Join us for an evening of wine tasting with samplings from:

David Hill Winery • Coopers Hall Winery
Nemarniki Vineyards • Viola Wine Cellars
Elk Cove Vineyards • Vincent Wine Company



Appetizers will be served to complement the wines

Open to all
Bring your friends & neighbors!
\$10 per person

Don't forget to bring your checkbook for purchases as some vendors do not accept credit cards!

Welcome New Members June - September 2018

New Family:

Shawn Ellis & Judith Rolfe
Clay Newton & Dianne Turner
Kate & Brian Quisling
Megan Ullmann & Pete Jacobs

New Individual:

Joy Martin

New Associate:

Andrea & Paul Cedefelt
Treasure & Eric Heinle
Ken McGair
Jen Maas & Matt Lattal
Shelia & William Seidl
Drew Smith
Sarah & Casper Yu

New Junior:

Nico Albano Tristan Grover
Gabe Gardner Oliver Lemkau
Miles Goldstein Ethan Vuong



Fall Tennis Classes & Open Play

Monday

Women's Open Play (6:15pm - Close)

Wednesday

3.0 - 3.5 Women's Class w/Cris (8:30 - 9:30 am)
Women's Open Play (9:30am - 2:30 pm)
Men's Open Play (2:30pm - Close)

Thursday

3.0 - 3.5 Women's Class w/Cris (8:30 - 9:30 am)

Saturday

2.5 - 3.0 Women's Doubles w/Walter (7:00 - 8:15 am)
2.5 - 3.0 Men's Doubles w/Walter (8:15 - 9:30 am)
3.5 - 4.0 Men's Doubles w/Walter (9:30 - 10:45 am)

CALENDAR OF EVENTS

OCTOBER

3rd & 4th ~ Fan installation in Weight Room
7th - 20th ~ Carolyn Lumber Tournament
10th ~ Tennis Committee
17th ~ Board Meeting

NOVEMBER

15th ~ Wine Tasting in Ballroom



Joey's Fitness & Body Sculpting

Strength, Agility & Core Conditioning Class

Monday & Wednesday
8:30 - 9:30 am & 9:30 - 10:30 am
Tues & Thurs: 5:30 - 6:30 pm
Fri & Sat: 8:30 - 9:30 am

This program is specifically geared for those looking to improve their overall cardiovascular fitness, muscle toning and weight loss.



Teen Conditioning

Monday thru Thursday
4:00 - 5:00 pm

Tailored specifically for teens that are looking to improve their overall fitness. It emphasizes strength, conditioning, core training, agility, and quickness. Improve your sports performance.

Weight room orientations and individual personal training may be arranged by contacting Joey at fitness1st@gmail.com

Teen Conditioning Testimonial: "Thank you for the wonderful job training Kazmer. After the first workout with you, he said "now that's a real workout, Dad!" You have positively pushed him outside of his comfort zone with encouragement so that he is proud of himself after every session with you. He also enjoys the diversity of your exercise program and looks forward to reaping the gains this swim season. You rock!" ~ Michelle & Keith Zawadzki

USTA Matches

Oct. 5th	7:30 pm	55+ 7.0 Men	J. Lang / C. Thomas
Oct. 6th	2:30 pm	55+ 7.0 Women	Sharon Loomis-Malin
	5:00 pm	55+ 9.0 Women	Lisa Lynch
	7:30 pm	18+ Mixed 6.0	Michelle Zawadzki
Oct. 27th	2:30 pm	55+ 9.0 Women	Lisa Lynch
	5:00 pm	55+ 8.0 Women	Kate Hunter
	7:30 pm	55+ 7.0 Women	Sharon Loomis-Malin
Oct. 28th	2:30 pm	18+ Mixed 6.0	Michelle Zawadzki
	5:00 pm	55+ 7.0 Men	J. Lang / C. Thomas
	7:30 pm	18+ Mixed 7.0	Blythe Knott
Nov. 3rd	2:30 pm	18+ Mixed 8.0	Maddie Karpinski
	5:00 pm	18+ Mixed 7.0	Blythe Knott
	7:30 pm	55+ 8.0 Women	Kate Hunter
Nov. 4th	2:30 pm	18+ Mixed 6.0	Michelle Zawadzki
	5:00 pm	55+ 7.0 Men	J. Lang / C. Thomas

City League Matches

All matches 12:00 - 2:30 pm

Tuesday, October 16th

Team H (Mary Stevenson & Andrea Brown)
vs. Multnomah Athletic Club

Tuesday, October 23rd

Team H (Mary Stevenson & Andrea Brown)
vs. Portland Athletic Club

Wednesday, October 24th

Team F (Lori Vranizan & Traci Laurent)
vs. Cascade Athletic Club

Wednesday, October 31st

Team C (Sherry Rogers & Kathy Windish)



In Memoriam

Stanley Zaklan July 3, 1924 - May 13, 2018

Stanley Zaklan died quietly Monday, May 14, 2018, at age 93. He loved tennis, literature and his wife, Marthaleah, whom he called Marfushka. Stanley grew up during the depression on a small dairy farm pressed against the great forests of Northern Idaho, the ninth of 10 children born to Serbian immigrants. He attended University of Southern California while he trained to be a Naval officer. There he met Marthaleah. They married and moved to New York City. Later they returned West to settle in Portland, where he was a professional electrical engineer and active member of the community. He never stopped reading books, voted Democrat and he was kind; Stanley was always kind.

Stanley is survived by his two children, Lance and Nichola; and his cherished granddaughter, Militsa; as well as many beloved nieces and nephews. In lieu of flowers, donations are welcome to Swing Left, Indivisible, the Southern Poverty Law Center, the ACLU, Planned Parenthood and vote early and often.

Carolyn Lumber Tournament

Tournament Dates: October 7th - 20th



Watch for emails regarding matches, theme nights, raffles and much, much more!

Be sure to check out the Tournament Homepage at www.tennislink.usta.com
Tournament ID #600002518
or the Club's website at www.irvingtonclub.com

Reminder: Court Reservations For Juniors

Reservations for junior court times may be done online or by calling the Club. For previous day reservations, refer to the schedule below:

Call after 10:00 am FOR Non-Prime Time Hours

Call after 6:00 pm FOR Prime Time Hours (which are as follows)

Mon, Tues, Wed, Thurs – 8:15 am, 9:30 am, 5:00 pm, 6:15 pm, 7:30 pm

Fri – 8:15 am & 9:30 am

Sat & Sun – 8:15 am, 9:30 am & 10:45 am

If the junior is playing with an adult then they can call at 8 am for reservations.

Any infringements of this rule for booking courts early will be charged a \$12 fine.

2018 ITF Seniors World Championships & National 60 Indoor

By: Mike Tammen

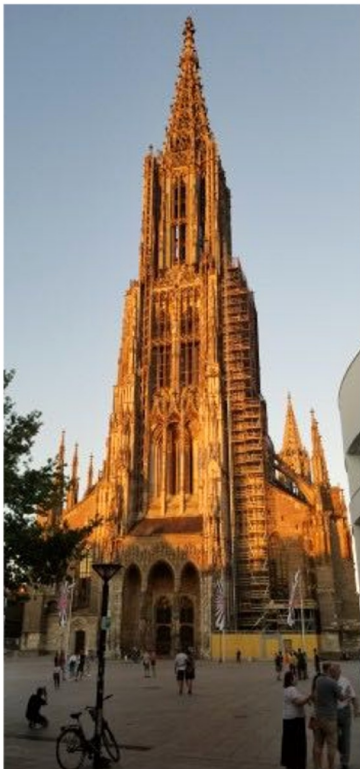


The ITF Seniors World Championships were held in Germany this year and we ended up in with a 4th Place finish losing to eventual winner, Germany, in the Semi's 2-1 and then lost to France in the playoff for 3rd Place. Both matches were hard fought. We had our chances but the Europeans were just a bit better on the Red Clay then the Americans were this year. Cheers to Germany, the 2018 Austria Cup Champions!

Ulm, the city we played in, was just beautiful with lots of history and culture. The largest steeple in the world, belongs in Ulm along with the Danube flowing down the middle. The Germans know how to host a great event like this



with lots of German food and beer, and of course, clay court tennis ... What more could you have asked for?



We were also able to spend a couple of days sight seeing this year, which is always a bonus. We saw lots of Bavaria: from the heartbreaking concentration camp at Dachau to the enchanting country and castles of the area.

Following the Worlds, I flew home and played the National 60 Indoors Tournament. Lots more great tennis as I won the singles and lost in the doubles final. The Seattle Tennis Club hosted the event this year; all whites still ... one of the few clubs left on the West Coast that requires them. So, a 4th Place finish for team USA, then one gold and a silver at the Indoors.

Thank you all for your support, I could not have done it without you. Next stop, Normandy, France for the Presidents' Cup!



Community Corner

Decoding Dyslexia Oregon is the next volunteer opportunity for Irvington Club Members ... **Sunday, November 4th, 4PM at a Blazer Game!**

You will walk around the Rose Garden in groups of two and sell 50/50 tickets to anyone in the crowd at the game that wishes to purchase them. You will get training before the game begins. You are done by half time and then you can relax and enjoy the REST of the GAME!

How sweet is that!!!

Lisa Lyon is associated with this group and their goal is:

We strive to raise dyslexia awareness, empower families to support their children, and improve resources for students with dyslexia in Oregon public schools.

If you would like to sign up to "work" this event please contact **John Linde** at johnlinde@hotmail.com or Pam at the Front Desk. We are looking for 20-25 volunteers!



Susie Hunt
Moran
HOMES
Your Full service agent and Eastside Expert
503.970.9866
www.susiehuntmoran.com
Windermere
REAL ESTATE
Windermere Seller



Dana Austin Griggs
Broker

Irvington
Real Estate Specialist
& *tennis junkie*

danagriggs.com | 503.793.0782



825 NE Multnomah St. Suite 120
Portland, OR 97232



PAUL MARRS
MORTGAGE BANKER
503 781 2114
PREMIER MORTGAGE
RESOURCES
CO.NMLS 1169
MLO-5212

LANCE MARRS
PRINCIPAL BROKER
503 701 5323
LIVING ROOM REALTY



Board of Trustees

President - Amy Alpern
Vice President - John Campbell
Secretary - Keith Johnson
Treasurer - Stephen Doubleday
Liz Casson-Taylor
Jeff Harvey
John Lynch
Linda Paulk
Cathy Zarosinski

Staff

General Managerr - Barbara Farmer
Tennis Director - Walter Seidel
Co-Tennis Director - Cris Valverde
Maintenance - Brian Rosenkranz
Billings Specialist - Anita Palodichuk
Administrative Assistant - Pam McHugh
Front Desk - Donna Roisom
Front Desk - Conor Jeans-Gail
Front Desk - Lisa Lyon
Front Desk - Cam Mitchell
Front Desk - Brenda Moore
Subs: Donna Dorsey • Alex Emerson
Terry Folen • Katie Guyot
Sarah Thomas • Wendy Weddle
Pool Manager - Bernadette Diepenbrock



Columbia Bank

CASAbonita llc

Omar Martinez
Becka Martinez Griffin
503-956-0036
casabonitallc@gmail.com
casabonitallc.net

CCB# 189948 | Insured | Bonded

EYES!
ON BROADWAY
Optometric Physicians
Dr. Thomas Barreto - Dr. Heidi Boersma - Dr. Lindy Thomas
2300 NE BROADWAY - 503.248.2300
IRVINGTON TENNIS CLUB MEMBER SINCE 1991

Design • Refine • Build • Promise
503.282.0545
CooperDesignBuilders.com

COOPER
DESIGN BUILDERS

Whole House Remodeling
Integrated Additions
Custom Homes
Gourmet Kitchens

ERIN ROTHROCK
HASSON COMPANY REALTORS

WELCOME HOME.

As an Irvington native and lifelong club member, I know NE Portland. If you're thinking of selling or are ready to buy, I'd love to talk to you.

503-784-3810
ERINROTHROCK.COM

ACT 1
AGENCY
Marketing & Events

Know Your Market
Tell Your Story
Celebrate Your Success

Let us help you with your marketing needs or next event.

Tara Hendrickson
G.M. & Event Director
tara.hendrickson@act1agency.com

Mercantile
PORTLAND

for all the clothes you love to wear...

- A.L.C.
- AG Jeans
- Amina Rubinacci
- ATM
- Current / Elliott
- Eileen Fisher
- Frame Denim
- Herno
- Majestic
- Rag & Bone
- Vince

and so much more...

729 SW Alder 503.223.6649
www.mercantileportland.com

Ryan Cook, Ellen Grover, Anne Bower, Matt Flood

Bxperienced therapists providing individualized care in a friendly environment specializing in orthopedics including: ankle, knee, spine, shoulder and sports rehabilitation.

Broadway Physical Therapy & Sports Rehabilitation, LLC
3016 NE Broadway
503-287-6636

KEEP CALM AND Play TENNIS

BIG LEAGUE CHEW
BUBBLE GUM
SINCE 1980