

Irvington Tennis Club Junior Tennis Programs/Classes

January February March April May

Monday

Futures & Power
3:45 - 5:00 pm

Tuesday

Pee Wee
3:15 - 4:00 pm

Futures
4:00 - 5:00 pm

Power & High School
5:00 - 6:15 pm

Wednesday

Futures & Power
3:45 - 5:00 pm

Thursday

Pee Wee
3:15 - 4:00 pm

Futures
4:00 - 5:00 pm

Power & High School
5:00 - 6:15 pm



503-287-8749 www.irvingtonclub.com

Walter Seidel - Tennis Director
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Cristobal Valverde - Co-Tennis Director
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Schedule subject to change. Please check with the Front Desk or website for up-to-date changes.

Sign-ups are on a monthly basis and are available on the Monday 1 week prior to beginning of the session for non-members, 2 weeks in advance for members. For non-members, payment must be received before your child is guaranteed a spot in the class and must be paid by the Wednesday prior to the start of the session.

Cancellation of a session later than the Wednesday prior to the session starting will be charged a \$25 late cancellation fee.

Class Descriptions

PEE WEE TENNIS CLASS. This is a split level class for children ages 4-6 and 7-9. Children will work on balance, ball recognition skills, hand/eye coordination, and eye tracking skills. Emphasis on fun, safety, rules of tennis, tennis vocabulary, and more fun. Requirements for Futures tennis include demonstration of passing the ball over the net and in play from both groundstrokes and volleys. Class determination is based on age & skill level. Final decision on moving a child into the Futures Tennis Class is based on age and skill level and will be made by Walter and Cris. **Ages 4-9 | T/TH 3:15 - 4:00 pm (Walter/Cris) Maximum 16 kids**

FUTURES TENNIS CLASS. This is a split level class, ages 10-12 and 13-14. This class is intended for middle school kids still developing their technical abilities, dynamic balance, and ball recognition skills. Players work on proper grips, footwork patterns and contact moves, and consistency. Emphasis on controlling the ball, passing the ball over the net with margin of error, and keeping the ball in play. Requirements for promotion to Power Tennis include demonstrating proper control and consistency of groundstrokes, proper grips for the groundstrokes, and use of the continental grip for the volley. Class determination is based on age & skill level. Final decision on moving a child into the Power Tennis Class is based on age and skill level and will be made by Walter and Cris. **Ages 10-12, ages 13-14 | M/W 3:45 - 5:00 AND/OR T/TH 4:00 - 5:00 pm (Walter/Cris) Maximum 16 kids**

POWER TENNIS CLASS. This is a split level class, ages 10-12 and 13-14. This class is intended for middle school players who have begun to play competitive tennis (tournaments, USTA junior team tennis) and/or are preparing for high school tennis. Players will work on developing approach shots, volleys, and net skills pertinent to doubles. Players will also develop use of spins on their serve. Requirements for promotion to the High School Class include demonstration of directional control of the serve, volley, and groundstrokes, and demonstration of the grips used. Class determination is based on age & skill level. Final decision on moving a child into the High School Class is based on age and skill level and will be made by Walter and Cris. **Ages 10-12, ages 13-14 | M/W 3:45 - 5:00 pm AND/OR T/TH 5:00 - 6:15 pm (Walter/Cris) Maximum 16 kids**

HIGH SCHOOL TENNIS CLASS. This is a split level class for junior varsity and varsity high school players. Participants will focus on developing a weapon, consistency, and single and doubles tactics. Emphasis on serving and returning, as well as point play. Players in this class are encouraged to play tournaments and participate in junior team tennis. Participation in this class is based on age and skill level. **Ages 14-18 | T/TH 5:00 - 6:15pm (Walter/Cris) Maximum 16 kids**

Futures & Power students are welcome to sign-up for the M/W and T/TH class simultaneously and attend four times per week. Students will be charged for both sessions.

REGISTRATION:

MEMBERS: 2 weeks prior to the beginning of the session.

NON-MEMBERS: 1 week prior to the beginning of the session