



Contact Info:

Pool Manager: Bernadette Diepenbrock 503-432-6017

Email:bernadettediepenbrock@yahoo.com

Swim Lesson Coordinator: Sofia Penrose 453-513-1869 Email: sofiapenrose14@gmail.com

Swim Coach: Eric Bugna (pronounced Boon-ya) 360-852-7534 Email: ericjbugna@gmail.com

2017 Irvington Club Swim Team - Quick Facts

Practice Times:	Advanced Swim Team (ages 12+)	7:45 - 9:00 AM
	Intermediate Swim Team (ages 9-12)	8:30 - 9:45 AM
	Beginner Swim Team (ages 6-10)	9:30 - 10:30 AM
	Pre-Swim Team (ages 4+)	10:40 - 11:10 AM

Not sure of swimmer's level? Make your best guess. Be thoughtful about putting swimmer in lowest level that is age appropriate. It is better for a swimmer to move up and feel good about their progress then to feel pressure about keeping up with a level that may be too hard. (Do not put 12 year olds in Beginner).

Swim Meets:

1. Inner Squad Meet - Thursday, June 29th
2. July 8th Home Meet vs. NECC and West Hills
3. July 15th @ Hawthorne. This meet will have a later start time (10:00 am)
4. July 22nd @ Sunset with West Hills (This will likely be a long meet)
5. July 29th @ Murray Hill
6. *August 12th City Meet at Mt. Hood Community College (Plan to be there until 4:00 pm)

*This meet is mandatory and swimmers must participate in at least one other meet to compete in this City Championship meet.

End of Season Celebration:

At the end of the season, the team will get together for one last "Hoorah". The date is tentatively August 13th after the City meet.

Team Shirts and Caps:

All team members receive a complimentary t-shirt and cap. These will be passed out before the first meet. Team sweatshirts and sweatpants will be available for purchase along with additional caps and t-shirts will be available for purchase.

Swim Meet Fundraiser:

Dawn to Dawn Swim-a-Thon - August 3rd – 4th

Cost:

Beginner/Intermediate/Advance and Pre-Swim Team

\$235 - Members

\$260 - Non-Members

Head Coach: Eric Bugna - ericjbugna@gmail.com